

You are viewing the Personality Profile for:  
**Someone in Anytown, USA**

## Premium Personality Profile

### Reports Category

Agreeableness

Openness

Emotional Stability

Conscientiousness

Extraversion

Adventure

Offering a Good Word ▶

Take Charge



## Extraversion

Outgoing or Reserved

### Extraversion - Introduction :

In previous paragraphs you were described on a scale that included being Outgoing, being Reserved or falling somewhere between these two in ways in which you relate to other people. The following paragraphs refine what was described in those paragraphs and describe your qualities of Adventure, offering a Good Word, and Taking Charge.

### Good Word - Introduction:

Some people have a way with words that makes other people feel affirmed, complimented, congratulated. Then there are those who seem to find a way to bite or bruise whomever they're in a conversation with, as if they've got an arsenal of words tucked somewhere out of sight, just waiting to be launched. The words we choose and the impact they have determine to a large extent the quality of our relationships. If words cheer the other person the relationship gains; if words hurt, the relationship suffers. So it is very important to pay attention to what we say and how we say it. And it is important to remember that there is a difference between intent and impact; you may intend to compliment or wound but the impact may be something else entirely. The following paragraphs describe the impact your words have on other people.

### Good Word: Your Personalized Description

"How do I look in this outfit? Do you think it fits me well?" The test! Whether with friends or your partner, this is the moment we dread. If we respond positively the come-back is often, "Are you just saying that?" If we respond critically the reaction is something between irritation and the end of the affair. You have the ability, even in this dreaded circumstance, of finding the good word. You know you won't be critical; it's just not in your character to talk like that. You will find some way to make the other person feel good about who they are because that too is characteristic of you. And you're smart

enough to know that this situation is not at the top of the ethical scale of honesty and lying. If you're in front of a judge and a jury you tell the whole truth and nothing but, and even there you'd find a way to say the truth kindly. But this is no courtroom, it's an intimate moment, and the truth in the intimate moment is that the relationship trumps any objective criteria. So: "Fabulous. You look fabulous, and it fits perfectly." That's what you'd say.

You've learned over time to speak kindly. You find the right word to let your friends or your partner or even strangers know the best things you feel or believe about them. You have opinions, of course, and you hold strong beliefs, but the first thing out of your mouth in response to what someone says is not a contradiction to or a complaint about what they've said. You find a compliment either for what they've said or how they've said it, and you mean what you say. It may not be the whole truth but it's the truth that matters to you between you and the person in front of you.

Hopefully you are as kind toward yourself as you are toward others; hopefully your inner dialogue with yourself is as laced with positives as are your conversations with those you love. This may be an issue. Some people speak kindly and believe what they say about others, but their kindness toward others comes in part as a comparison with their more hostile feelings about themselves. You may want to check this out. There's an easy test: do you use the same vocabulary toward yourself that you use toward others? If not, why not?

It's a choice for you. You're no stranger to the dark side in people or a fool about the mix of glory and vanity in most folks. You've just made the choice to go with the up-side and developed a vocabulary of kindness which you use with great mastery. You know how to curse and contradict; you simply choose not to and instead do your best in most situations to find precisely the good word to share. It's a very positive way to engage others and a kind way to treat yourself as well.